SMOKE-FREE POLICY



Adopted: 2026
Review cycle: every 3 years

(+994) 025 255 25 88
www.lsu.edu.az
strat.rank@lsu.edu.az

The purpose of the Smoke-Free University Environment Policy of Lankaran State University (LSU) is to create a healthy, safe, and clean environment across the University and to protect the health of students, employees, and visitors.

The use of tobacco and tobacco-containing products has negative effects on human health and contributes to environmental pollution. Exposure to tobacco smoke also poses health risks to non-smokers. Cigarette butts and other tobacco-related waste negatively affect the cleanliness and environmental quality of the University campus.

LSU considers the promotion of a healthy lifestyle, disease prevention, and increased environmental responsibility to be important areas of its activities. This policy supports the development of healthy habits and the protection of the well-being of all members of the University community.

The main objectives of this policy are to:

Establish and maintain a smoke-free environment across the University;

Protect students, employees, and visitors from exposure to tobacco smoke;

Raise awareness of the health and environmental impacts of tobacco use;

Promote a healthy lifestyle and behaviours that avoid harmful habits;

Reduce tobacco-related waste and maintain cleanliness across the campus;

Integrate health and sustainable development principles into the University's daily activities.

LSU implements this policy based on the principles of awareness, cooperation, responsibility, and continuous monitoring.

This policy applies to the academic and administrative buildings of Lankaran State University, including classrooms, laboratories, libraries, dormitories, sports and recreational areas, cafeterias, corridors, entrances, and other areas used by the University.

The policy applies to the following groups:

Academic staff;

Administrative and technical staff;

Undergraduate and postgraduate students;

Visiting researchers and guests temporarily working at the University;

Participants in activities organised by the University;

Other visitors and service providers entering the University premises.

The maintenance of a smoke-free environment is also encouraged during University-related activities, meetings, training sessions, and other events.

Compliance with this policy in areas owned, used, or managed by the University is ensured through cooperation among the relevant structural units. For situations occurring outside the University's premises, applicable legislation and relevant institutional procedures shall be taken into account.







Definitions and Guiding Principles

For the purposes of this policy, the following terms are used:

Smoke-free environment refers to an environment in which the use of tobacco products is restricted and people are protected from exposure to tobacco smoke.

Tobacco products refers to cigarettes and other tobacco-containing products, as well as other products legally classified as tobacco products.

Electronic cigarettes refers to electronic devices designed for use with substances that may or may not contain nicotine.

Tobacco-related waste refers to cigarette butts, tobacco product packaging, and other waste generated after the use of tobacco products.

The implementation of this policy is guided by the following principles:

Health protection: prioritising the health and well-being of members of the University community;

Equal treatment: applying the policy consistently to all members of the University and its visitors;

Awareness-raising: providing accurate information about the harmful effects of tobacco use;

Environmental responsibility: reducing tobacco-related waste and protecting the environment;

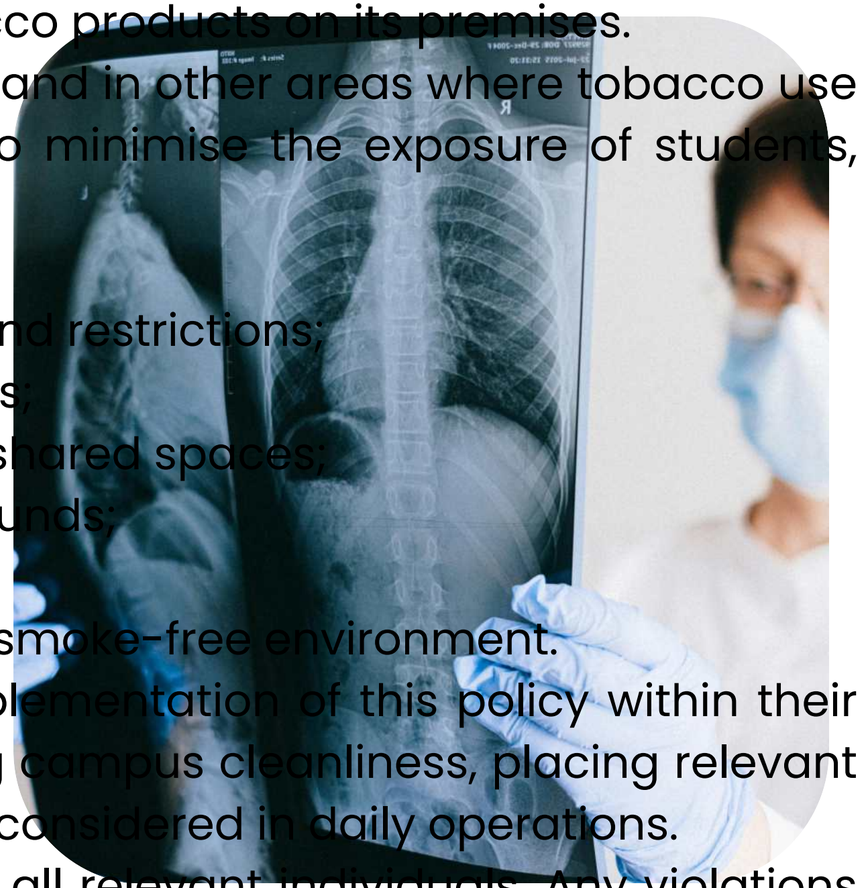
Cooperation: encouraging students, employees, and University units to participate in implementing the policy;

Sustainability: regularly evaluating and improving the policy when necessary.

Ensuring a Smoke-Free University Environment

To maintain a healthy and safe environment, Lankaran State University follows applicable national legislation and internal University rules concerning the use of tobacco products on its premises.

Relevant restrictions must be observed in indoor University spaces and in other areas where tobacco use is prohibited by law. The University takes preventive measures to minimise the exposure of students, employees, and visitors to tobacco smoke.



The following measures may be implemented for this purpose:

Installing signs informing people about tobacco-use prohibitions and restrictions;

Communicating internal University rules to students and employees;

Protecting people from tobacco smoke in University buildings and shared spaces;

Preventing the disposal of tobacco-related waste on University grounds;

Organising regular cleaning and maintenance activities;

Receiving and reviewing reports concerning the maintenance of a smoke-free environment.

The University's administrative and facilities units support the implementation of this policy within their respective responsibilities. Their activities may include maintaining campus cleanliness, placing relevant informational signs, and ensuring that the policy requirements are considered in daily operations.

The requirements of this policy must be communicated clearly to all relevant individuals. Any violations shall be addressed in accordance with the University's internal procedures and applicable legislation.

Roles and Responsibilities

Creating a smoke-free University environment is a shared responsibility involving the relevant University units, students, and employees.

University Management:

Provides overall organisational support for implementing the policy;

Encourages cooperation among the relevant structural units;

Reviews measures required to evaluate and improve implementation.

Relevant Structural Units:

Assist in communicating the policy requirements to relevant individuals;

Participate in organising campus cleaning and maintenance activities;

Review reports concerning the smoke-free environment within their areas of responsibility;

Support the collection of information required for monitoring and reporting.

Academic and Administrative Staff:

Comply with the requirements of the policy;

Contribute to promoting healthy lifestyles among students and other members of the University community;

Participate in awareness-raising activities related to maintaining a smoke-free environment, where appropriate.

Students:

Comply with the University's internal rules and restrictions concerning tobacco use;

Act responsibly in maintaining the cleanliness of University premises;

Submit suggestions for improving the smoke-free environment to the relevant University units.

Visitors and Service Providers:

Comply with the rules applicable on University premises;

Respect the University's efforts to maintain a smoke-free environment and keep the campus clean.

Awareness-Raising and Promotion of a Healthy Lifestyle

Lankaran State University considers raising awareness of the effects of tobacco use on health, the environment, and social well-being to be an important component of this policy.

Awareness-raising activities should support students and employees in making healthy choices, preventing tobacco use, and developing healthy lifestyle habits.

The following activities may be implemented:

Preparing and distributing information about the health effects of tobacco use;

Organising seminars, discussions, and awareness sessions on healthy lifestyles;

Publishing educational materials through the University's official website and other communication channels;

Supporting student initiatives and voluntary activities;

Raising awareness of environmental protection and waste reduction;

Promoting information about healthy behaviours and lifestyles free from harmful habits through educational and student activities.

Awareness materials should be clear, understandable, and based on reliable information. Activities may be planned according to the needs of the University community.

Individuals who wish to stop using tobacco are encouraged to seek information about appropriate healthcare and counselling services. The University provides support in this area only within its authority and available resources.

Monitoring, Reporting, and Compliance

To ensure the effectiveness of this policy, its implementation should be reviewed regularly. Monitoring may involve collecting information about the maintenance of a smoke-free environment, the results of awareness-raising activities, and problems identified on campus.

The following areas may be considered during monitoring:

Compliance with tobacco-use rules in relevant University areas;

The availability and condition of signs informing people about the smoke-free environment;

Observations concerning tobacco-related waste and cleanliness issues;

The number and reach of awareness-raising activities;

Reports and suggestions received from students and employees;

Challenges encountered during policy implementation.

Members of the University community may report problems related to the smoke-free environment to the relevant structural units. Reports should be reviewed in accordance with established procedures, and possible solutions should be considered.

In cases of non-compliance, explaining the relevant rules and informing individuals of their responsibilities may be considered as an initial measure. Where necessary, the University's internal disciplinary procedures and applicable legislation shall be applied.

Monitoring results help identify weaknesses in implementation, assess the effectiveness of activities, and plan future actions.

Performance Evaluation and Continuous Improvement

The results of the Smoke-Free University Environment Policy may be assessed using appropriate performance indicators. These indicators should be established according to the University's current situation and the availability of relevant data.

Key indicators may include:

The number of University areas equipped with signs promoting a smoke-free environment;

The number of awareness-raising activities conducted annually;

The number of students and employees participating in awareness activities;

The number of reports concerning the smoke-free environment and their resolution status;

Findings from observations concerning tobacco-related waste on campus;

Actions taken to evaluate and update the policy.

Once baseline conditions have been established, relevant targets may be developed. Data should be collected regularly and, where possible, compared with results from previous periods.

Based on the evaluation results, the University may consider additional awareness activities, updating informational signs, improving internal procedures, and taking other necessary measures.

The policy should be reviewed periodically in response to changes in the University's operations, updates to applicable legislation, and needs identified through monitoring.

Final Provisions

The Smoke-Free University Environment Policy of Lankaran State University is an institutional document aimed at protecting the health of the University community and creating a safe and clean learning environment.

Implementation of the policy is supported through cooperation among the relevant University units, participation by students and employees, and awareness-raising and monitoring activities.

The structural unit responsible for implementation shall be designated by the University Management. Following formal approval, the policy may be communicated to relevant stakeholders through the University's appropriate information channels.

The policy shall be reviewed and updated when necessary. Its improvement shall take into account monitoring results, suggestions from the University community, and applicable legislative requirements.

